# **HELP MAKE A DIFFERENCE**

You can make a lifesaving impact on those who turn to us for help.

Your donation of money will help to expand our vision to provide assistance and support for men who are committed to their sobriety.

TO MAKE A DONATION

For more information, contact us at info@riadm.com

www.riadm.com



Providing men with the foundation for a fresh start.

# **ABOUT RIA**

Recovery In Action (RIA) provides sober, safe, and permanent housing to men striving for sobriety, accountability, and independence. Our goal is to provide this housing for men recovering from substance abuse and want to grow their sobriety. In addition to a clean living environment, our focus is providing a support system and fellowship while empowering the residents to become self supporting individuals who contribute and strengthen their families as well as their community.

RIA was founded in 1998 by members of the Des Moines community who are actively involved in the recovery community and trying help even more recover from substance abuse. Our houses provide a safe haven for men who pay rent, stay active in the recovery community, and provide healthy contributions to the house.

### **HOW DOES RIA BENEFIT THE COMMUNITY?**

We are providing a structured home environment to get men off the streets and providing them with the tools to become active members of society.

I implore you to seriously consider assisting Recovery In Action, Inc. in this endeavor. I truly believe that the investment will save lives, support the community and enhance opportunities that do not currently exist."

- Mary Frangman, MA, LMSW, ACADO

### **ADMISSION**

Living at Recovery in Action is an opportunity to gain stability and momentum into a new life. Along with the standard requirements for application, our admittance process consists of a face to face interview with the other men in the house, during mandatory weekly house meeting. This is the applicants opportunity to present his history, goals and ask any questions about the house and RIA's expectations. The current clients will then vote on the applicants admission. Proof of employment and 12 Step sponsor attendance is required at the interview.

## **LIVING IN AN RIA HOUSE**

RIA works very hard to maintain a healthy, enjoyable, productive, and sober living environment. This requires a set of rules. To live in an RIA house, the men must follow the rules or they will be asked to leave. The rules are simple and made clear upon application for housing.

#### Some of the rules are as such...

- No alcohol or drugs will be tolerated. Zero.
- Must have legal employment.
- Must attend regular recovery meetings (4/wk minimum).
- One of the meetings should be your home group and you should have a service position there.
- · Attend weekly house meeting.
- Abide by house curfew.